

Psychological Consultants
Northgate Center
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Rochester, MN 55901
www.psychologicalconsultants1.com

Office: (507) 252-9292

Fax: (507) 252-9203

TELETHERAPY INSTRUCTIONS

Scheduling Sessions

Teletherapy is covered by most insurance companies and should be covered at the same rate as regular therapy. Scheduling and payments can be made with our office manager at 507-252-9292 from Monday-Thursday, 8-2 pm.

Intake Forms

You may download our intake forms found on our website www.psychologicalconsultants1.com under the tab “request an appointment”.

After completing the forms, you can either scan and e-mail them to our office at psych3@psychologicalconsultants.us or stop into our office to pick them up and return them prior to your first teletherapy session.

Entering Your Teletherapy Session

Carol Newman Clients:

A link for your teletherapy session will be sent to you via the email address you have provided. Please select the link provided in the email and register (through the link) prior to your scheduled appointment.

Deb Stein, Tina Truax, and Tatyana Karpyak Clients:

A link for your teletherapy session will be sent to you via the email address you have provided. At the date and time of your scheduled appointment, select the link provided in the email. You will be taken to a virtual waiting room until your provider starts the session.

If You Have Questions

We look forward to working with you and are excited to use this format for conducting therapy sessions! If you have questions, please call our office at 507-252-9292, Monday through Thursday from 8 am to 2 pm to talk with the office manager. You may also leave a message for the office manager or your provider during times that are outside of the stated hours.